

# Jefferson County

# Food Programs

Salvation Army – Bessemer Corps (205) 425-4303 525 13th Street, Bessemer, AL 35020 www.salvationarmyusa.org

Services: Provides emergency food assistance to the community Hours: 1:00 pm - 2:00 pm, Tuesday through Thursday (no referral letter required); 1:00pm - 2:30 pm, Friday (referral letter required) Intake Procedure: personal appearance

### Triumph Youth and Adult Community Development

(205) 424-6892 4910 Huntsville Avenue, Bessemer, AL 35020 www.tyaacd.org

Description: Provide services to meet the critical needs of the community in an effort to help improve the quality of life for families by way of weekly Food Pantry, American Red Cross Project Share Site, Summer Feeding Programs, Enrichment Programs, etc.
Services: Food pantries, GED/High School Equivalency Test Instruction, General Clothing Provision, Summer Food Service Programs, Utility Assistance, Volunteer Opportunities
Contact: Gwendolyn Hendon (Project Share), Christopher Ruffin (Project Share), or Shelia Ruffin (Food Pantry)
Eligibility: Project Share – Age 65 or older or disabled (must provide proof of disability); Food Pantry – income eligibility and is need-based
Hours: Food Pantry - 3:30 pm – 4:30 pm, Tuesday and Friday; Project Share – By Appointment
Intake Procedure: Project Share- by appointment only; Food Pantry- must fill out application

### **Birmingham AIDS Outreach**

(205) 322-4197 205 32nd Street South, #101, Birmingham, AL 35233-3007 www.birminghamaidsoutreach.org

**Description:** Provides food closet, clothing closet, support groups, counseling, transportation, legal services, secondary prevention education, emergency financial assistance for medically-needed items, primary prevention education, co-pays for medicine, youth advisory council

### Food Programs (con't)

Services: AIDS/HIV clinics, AIDS/HIV prevention counseling, disease/ disability-related support groups for AIDS/HIV, HIV testing, prescription expense assistance for AIDS/HIV Hours: 8:00 am - 5:00 pm, Monday through Friday Eligibility: Services to individuals and families who are affected/infected by AIDS/HIV Intake Procedure: Written documentation of positive HIV or AIDS

### **Bridge Ministries**

(205) 930-0309 1016 South 19th Street, Birmingham, AL 35205 http://bridgeministriesbham.org

Description: Provides emergency food to low-income, homeless, and disabled persons.
Services: Food Pantries
Hours: 8:30 am - 12:30 pm, Monday through Thursday. Appointment required.
Eligibility: Low-income, homeless, or disabled individuals who are residents of Jefferson County. Once every 60 days.
Intake Procedure: Call for appointment

### **Catholic Center of Concern**

(205) 786-4388 1016 South 19th Street, Birmingham, AL 35205 www.bhmdiocese.org

**Description:** Provides food and clothing in real emergency situations. Needs determined by personal interview.

Services: Food pantry and general clothing provision.

**Hours:** 8:30 am – 12:30 pm, Monday through Thursday. First come, first served. Afternoons and Fridays by appointment only. Closed to the public the fourth Wednesday of the month.

**Eligibility:** Real emergency situations. Needs determined by personal interview. Serves all areas.

**Intake Procedure:** Written referrals from social workers, proper identification, social security card, official proof of current address, food stamp office official referral.

### Eastern Area Christian Ministries

(205) 836-9932 8000 2nd Avenue South, Birmingham, AL 35206

Description: Provides food and clothing to the community.
Services: Food pantry and general clothing provision.
Hours: 10:00 am - 11:30 am, Monday and Friday and 1:00 pm - 2:30 pm
Wednesdays excluding major holidays

### Food Programs (con't)

**Eligibility:** Written documentation of need, proof of address, and Social Security card for all family members and be a resident of zip codes 35126, 35173, 35206, 35210, 35215, 35217, and 35235.

**Intake Procedure:** Bring proof of address in designated zip code zones and SS card for all family members each time served. Provide information on income and unusual expenses or circumstances.

### Helpline Christian Outreach Ministries

(205) 833-7712 8 Roebuck Drive, Birmingham, AL 35215

Description: Assistance on limited food and clothing provision Services: Food pantry and general clothing provision. Hours: 9:00 am - 1:30 pm, Tuesday and Thursday Eligibility: Document verification of address, such as driver's license and Social Security card Intake Procedure: Call for appointment.

### Independent Presbyterian Church

(205) 933-1687 3100 Highland Avenue, Birmingham, AL 35205 www.ipc-usa.org

Description: Emergency assistance with food. Children's Fresh Air Farm – summer residential camp experience for children ages 7 - 10 from low-income families in Jefferson County.
Services: Camps, food pantries
Hours: 8:30 am - 4:30 pm, Monday through Friday
Eligibility: Food once every six months and have a picture ID
Intake Procedure: Appointment, call before coming or referring clients

## Miracle Deliverance Temple Church of God (205) 925-2417

28 South Park Road SW, Birmingham, AL 35211

Description: Provide emergency food assistance to the community. Services: Food pantries Hours: Second Friday of each month Intake Procedure: Call for appointment.

# Food Stamps/ SNAP

Jefferson County Department of Human Resources Bessemer Branch (205) 744-3600 1601 Carolina Avenue, Bessemer, AL 35020

**Description:** Services intake (information and referral for emergency needs), contract services (day care, group homes, mental health, etc.), foster homes for adults, day care for adults, child protective services (abuse and neglect reports),

### Food Stamps/ SNAP (con't)

foster care, foster care licensing, adoption services, emergency welfare services, community resources, Food Stamps, TANF, Aid to Refugees, Medicaid, Jobs Program, child support, adult services. **Services:** Adoption services, adult day programs, adult protective services, child support assistance/enforcement, children's protective services, food stamps/ SNAP, foster homes for dependent children, Welfare to Work programs. **Hours:** 8:00 am – 4:30 pm, Monday - Friday **Intake Procedure:** Phone or personal appearance or letter

## Soup Kitchens Community Kitchens – Southside and Woodlawn

#### Grace Episcopal Church

5712 1st Avenue North, Birmingham, AL 35212 www.thecommunitykitchens.org

#### St. Andrews Episcopal Church

1024 12th Street South, Birmingham, AL 35205 www.thecommunitykitchens.org

**Description:** "Soup kitchen" offers a warm, nutritious, midday meal regardless of situation or condition 365 day s year

Services: Congregate meals/nutrition sites, soup kitchens, chef training for the homeless

Hours: 12:00 pm – 1:00 pm, Monday – Saturday (meals served at St. Andrew's Episcopal Church) and 12:45 pm – 1:45 pm, Monday – Sunday (meals served at Grace Episcopal Church) Intake Procedure: Walk in to apply

Highlands United Methodist Church

(205) 933-8751 1045 20th Street South, Birmingham, AL 35205 www.highlandsumc.net

**Description:** Provides continental breakfast in soup kitchen. Also provides identification such as non-driver's license, driver's license, and birth certificates free of charge if referred from partnering agency. Call for details. **Services:** Congregate meals/nutrition sites, identification cards, and soup kitchens.

Hours: 9:00 am – 10:00 am, Monday – Saturday (continental breakfast. Call for details for other programs.

**Eligibility:** For assistance with an ID, a person must be referred by an approved referral agency.

### **Old Firehouse Shelter**

(205) 252-9571 1501 3rd Avenue North, Birmingham, AL 352035

Soup Kitchens (con't)	<ul> <li>Description: Overnight shelter for men, day shelter with educational and social opportunities such as GED preparation, job placement and job training referrals, clothes closet, substance abuse recovery program, community noon meals, case management, transitional housing for men, street outreach program</li> <li>Services: Bathing facilities for men, case/care management for men, congregate meals/nutrition sites, GED/High School Equivalency test instruction, general clothing provision, homeless shelter for men, homeless advocacy groups, soup kitchens, transitional housing/shelter for men</li> <li>Hours: 11:30 am - 12:30 pm, Monday - Friday (soup kitchen); 3:00 pm - 5:30 pm, Monday, Wednesday, Thursday, Saturday and Sunday (day program); 7:30pm - 6:00 am, Monday - Sunday (shelter) with intake at 6:30 pm.</li> <li>Eligibility: Adult men. Noon meal is open to everyone.</li> <li>Intake Procedure: phone or personal appearance.</li> </ul>
Summer Food Service Programs	<ul> <li>Triumph Youth and Adult Community Development <ul> <li>(205) 424-6892</li> <li>4910 Huntsville Avenue, Bessemer, AL 35020</li> <li>www.tyaacd.org</li> </ul> </li> <li>Description: Provides services to meet the critical needs on the community in <ul> <li>an effort to help improve the quality of life for families by way of weekly food</li> <li>pantry, American Red Cross Project Share site, summer feeding programs,</li> <li>and more.</li> </ul> </li> <li>Services: Food pantries, GED/High School equivalency test instruction, general clothing provision, summer food service programs, utility assistance, volunteer opportunities</li> <li>Hours: 3:30 pm - 4:30 pm, Tuesday and Friday (food pantry). Project Share is by appointment only.</li> <li>Eligibility: Project Share - age 65 or older or disabled (must provide proof of disability)</li> <li>Intake Procedure: Project Share is by appointment only; must fill out an</li> </ul>
Shelter/Housing	<ul> <li>application for food pantry.</li> <li>Project Success <ul> <li>(205) 833-4673; Crisis line: (888) 609-5538</li> <li>8038 Rugby Avenue, Birmingham, AL 35206</li> </ul> </li> <li>Description: A homeless shelter for homeless women, youth, and runaway youth. Project Success also specializes in crisis intervention.</li> <li>Services: Crisis intervention hotline, homeless shelter for women, runaway/ youth services</li> <li>Hours: 9:00 am - 5:00 pm, Monday - Sunday and a 24 hour crisis line</li> </ul>

### Neighborhood Housing Services of Birmingham, Inc.

(205) 328-4292 601 19th Street North, Birmingham, AL 35203 www.nhsbham.org

Description: Offers affordable multifamily rental units at our Princeton Villas location in West End (4 units) and Forest Park Terrace in Avondale (10 units).
Services: Low income/Subsidized private rental housing
Hours: 8:00 am - 5:00 pm, Monday - Friday
Eligibility: Anyone is eligible. We primarily serve low-to-moderate income families and individuals.
Intake Procedure: Contact 205-328-4292 for availability or to be added to the waiting list.

### US Department of Housing and Urban Development

(205) 731-2617 950 22nd Street North Suite 900, Birmingham, AL 35203 www.hud.gov

Description: This is a federal agency that provides services to ensure adequate housing for individuals. This agency provides information to the public and investigates discrimination and unfair housing practices.
Services: Community Development Block Grant agencies, housing discrimination assistance, low income/subsidized private rental housing
Hours: 8:00 am - 4:30 pm, Monday - Friday

### YWCA Central Alabama

(205) 322-9922 309 North 23rd Street, Birmingham, AL 35203 www.ywcabham.org

Description: Offers low-cost housing to single women or women with children (no boys over age 12).
Services: Independent living communities/complexes, low income/subsidized private rental housing
Hours: 8:00 am - 5:00 pm, Monday - Friday
Eligibility: Resident of Jefferson, Shelby, Walker, Blount, or St. Clair county. Must meet HUD definition of homelessness, priority given to those fleeing domestic violence situations.

### Housing Authority Bessemer

(205) 481-4434 610 35th Street North, Birmingham, AL 35020

**Description:** Provides referrals to public housing based on federal regulations. Types of housing offered are Section 8, government housing, and complexes for older adults.

Services: Housing authorities Hours: 7:30 am - 6:30 pm, Monday - Friday Intake Procedure: Phone or personal appearance.

#### Housing Authority Birmingham

(205) 425-7785 5828 Brewer Drive, Birmingham, AL 35021

**Description:** Provides housing counseling, public housing and rental, assistance to eligible persons in privately-owned housing (married, low income, or over 21 with dependents and low income, or single aged 62 and older or disabled), Section 8 lease/purchase home ownership program, Section 8 leased housing, disaster housing assistance program, security (residents), and community services.

Services: Housing authorities Hours: 8:00 am - 5:00 pm, Monday - Friday Eligibility: Married, low-income, or over 21 with dependents and low income, or singled aged 62 and up or disabled Intake Procedure: Personal appearance.

### **Tarrant Authority Birmingham**

(205) 841-2270 624 Bell Avenue, Tarrant, AL 35217

Description: Public housing and Section 8 housing. No emergency housing.
Services: Housing authorities, Section 8 housing choice vouchers.
Hours: 8:00 am - 4:00 pm, Monday through Thursday and 8:00 am - 12:00 pm, Fridays
Eligibility: Low-to-moderate income, no criminal background, good rental history, landlord references.
Intake Procedure: Applications by appointment, applicants placed on waiting list. No emergency housing.

### Jimmie Hale Mission Jessie's Place

(205) 323-0170 2305 5th Avenue North, Birmingham, AL 35203 www.jimmiehalemission.com

**Description:** The Shepura Men's Center and Jessie's Place are shelters for homeless individuals and families.

**Services:** Domestic violence shelters, homeless shelter for single mothers, homeless shelter for women.

**Hours:** 9:00 am – 4:00 pm, Monday – Friday (Shepura Men's Center and Jessie's Place) and 1:00 pm – 3:00 pm, Monday – Friday (Royal Pines Recovery Intake Hours)

Eligibility: Women age 19 and up and children (boys must be 10 and under)

**Intake Procedure:** For Shepura Men's Center men should call between 9:00 am and 4:00 pm, Monday – Friday for appointment. For Jessie's Place women should arrived by 9:00 am, Monday – Friday to apply. For Royal Pines men should call between 1:00 pm and 3:00 pm, Monday – Friday for intake.

#### Jimmie Hale Mission Shepura Men's Center

(205) 324-2271 3420 2nd Avenue North Birmingham, AL 35222 www.jimmiehalemission.com

**Description:** The Shepura Men's Center and Jessie's Place are shelters for homeless individuals and families.

Services: Domestic violence shelters and homeless shelter for men.

**Hours:** 9:00 am – 4:00 pm, Monday – Friday (Shepura Men's Center and Jessie's Place) and 1:00 pm – 3:00 pm, Monday – Friday (Royal Pines Recovery Intake Hours)

**Intake Procedure:** For Shepura Men's Center men should call between 9:00 am and 4:00 pm, Monday – Friday for appointment. For Jessie's Place women should arrived by 9:00 am, Monday – Friday to apply. For Royal Pines men should call between 1:00 pm and 3:00 pm, Monday – Friday for intake.

### Pathways

(205) 322-6854 409 North Richard Arrington Boulevard North, Birmingham, AL 35203 www.pathwayshome.org

**Description:** Transitional shelter, case management, transitional housing, employment readiness program, day center, children's program – Learning to be a Kid. Safehaven shelter for homeless women with mental illness. **Services:** Domestic violence shelters, homeless shelter for women, transitional

housing/shelter for single mothers.

Hours: 12 hours, 7 days a week for shelter services. 8:30 am - 4:00 pm, Monday -Friday and 9:00 am - 3:00 pm, Saturday - Sunday for day services. Intake Procedure: Women's shelter - contact Deisha Rosser at 205-322-6854.

Family shelter – contact Carolyn Johnson at 205-595-6399. For day center walkins are accepted. For employment call Dawn Mitchell at 205-322-6854.

### YWCA Domestic Violence Services

(205) 322-9922 309 23rd Street North, Birmingham, AL 35203 www.ywcabham.org

### Description:

Shelter: Provides confidential shelter and case management for victims and their children in need of refuge resulting from an abusive relationship.Victim Support Group: Classes and groups for victims advocating non-violence and self-sufficiency.

Shelter/Housing (con't)	<ul> <li>Court Advocacy: providing assistance with referrals, warrants, navigating through the legal system, and support.</li> <li>Legal Representation: Legal assistance to victims of domestic violence who qualify for the program.</li> <li>Children in Crisis: Providing services to children who have been witnesses of domestic violence.</li> <li>Prevention Education: Public speaking and community education on the</li> </ul>
	dynamics of domestic violence and appropriate intervention. <b>Crisis Intervention:</b> 24 hours crisis hotline offering telephone counseling and referrals.
	<b>Supervised Visitation &amp; Exchange:</b> supervised visitation and exchange to victims of domestic violence, their children and family members.
	<b>Services:</b> Crime victim support, domestic violence hotline, domestic violence shelters, domestic violence support groups, individual counseling
	Hours: 24 Hours, Monday - Sunday Eligibility: Resident of Jefferson, Blount, & St. Clair counties
	Intake Procedure: Call the Crisis Line: 322-4878, or 1-800-650-6522
Substance Abuse/Addiction	<b>JCCEO Community Services</b> (205) 428-7362 1324 4th Avenue North, Bessemer, AL 35020
	Description. Family and individual counseling and corriges for elected and

Description: Family and individual counseling and services for alcohol and drug abuse. Education on alcohol and drug abuse prevention.
Services: Substance abuse counselling, substance abuse education/prevention
Hours: Call for details
Area served: Jefferson county, Bessemer

### Alcohol and Drug Abuse Council

(205) 933-1213; (800) 338-9277 1923 14th Avenue South, Birmingham, AL 35205

Description: Provides counseling, community health fairs, information on addiction/co-addiction, speakers available on related topics for churches or organizations.
Services: Substance abuse counseling, substance abuse education/prevention
Contact person: Raelitra Foster
Hours: 8:30 am- 4:30 pm, Monday - Friday
Fees: first session is free, then sliding scale
Eligibility: Resident of Jefferson, Shelby, Walker, Blount, or St. Clair county
Intake Procedure: Call for appointment

### **Alcoholism Recovery Services**

(205) 923-6552 2701 Jefferson Ave SW, Birmingham, AL 35204

Description: Detoxification, individual and group counseling, family services, chemical dependency education, aftercare services, speakers bureau, outpatient intervention services, residential treatment program for women
Services: Substance abuse counseling for women, residential substance abuse treatment facilities for women
Hours: 9:00 am- 5:00 pm, Monday - Friday
Fees: Sliding scale
Eligibility: Chronic drinking or drug abuse problems, non-psychotic; without serious medical problems. Resident of Alabama.
Intake Procedure: Call for appointment

### Aletheia House

(205) 324-6502 201 Finley Ave W, Birmingham, AL 35211 www.specialkindofcaring.org

Description: Provides special treatment services for women who are either pregnant or receiving Medicaid eligible female drug abusers, residential drug abuse treatment, general outpatient program.
Services: Residential substance abuse treatment facilities, substance abuse counseling, substance abuse education/prevention
Hours: 8:30 am- 5:00 pm, Monday - Friday
Fees: Sliding scale in some cases, none in others
Eligibility: Desire to stop using drugs. Resident of Jefferson, Shelby, Walker, Blount or St. Clair counties
Intake procedure: Call for appointment

### Birmingham Health Care

Service/Intake: (205) 212-5600; Pharmacy: (205) 212-5777 1600 20th Street South, Birmingham, AL 35205

Description: Provides internal/adult medicine, women's health care, family planning, primary and preventative dental care, HIV/AIDS counseling, education and testing, health education, substance abuse treatment and counseling, childcare and development, and behavioral health care.
Services: Affordable Care Act Information/Counseling, Child Care Centers, Community Clinics, Dental Care, HIV Testing, Immunizations, Mobile Health Care, State/Local Health Insurance Programs, Substance abuse counseling Contact person: Heather Hudspeth
Hours: 7:30 am - 4:30 pm, Monday, Wednesday, and Friday; 7:30 am - 6:00 pm, Tuesday and Thursday; 8:00 am - 12:00 pm, Saturday
Fees: Sliding scale
Eligibility: Health care open to all, other eligibility requirements vary by program. Serves the Birmingham metro area.
Intake procedure: Call for appointment or walk in to apply
Area served: Blount, Jefferson, Shelby, St. Clair, and Walker counties

### **Bradford Health Services**

(205) 942-3200; 1 (800) 293-7191 631 Beacon Parkway West, Suite 211, Birmingham, AL 35209 www.bradfordhealth.com

Description: The agency provides substance abuse (alcohol & drug) treatment; intensive outpatient treatment provided for adults and adolescents. Detox inpatient services provided. Services: Detoxification, residential substance abuse treatment facilities, substance abuse counseling Hours: 24 hours, Monday - Sunday Fees: Accepts most major insurances and self-pay for all services. Medicaid or Medicare can be accepted for detoxification services ONLY. Detox services are contracted out to two locations—one hospital in Bullock county and one hospital in Calhoun county Eligibility: Anyone with a substance related problem Intake procedure: Call (334) 671- 1677 for appointment. Initial intake appointment is free.

### **Crossroads To Intervention**

(205) 791-1886 5424 1st Avenue North, Birmingham, AL 35212

Description: Substance abuse services: Alcohol and drug counseling, anger management, basic living skills training, job training, parenting skills, child custody evaluations, community service, conflict resolution, family counseling, grief counseling, drug testing (same day results)
Hours: 8:00 am- 4:30 pm, Monday - Friday
Contact person: Tawanna Morton, Director of Intake
Fees: Sliding scale based on income, all insurance including Medicaid and Medicare is accepted
Eligibility: Desire to live drug free. Resident of Jefferson, Shelby, or Walker counties.
Intake procedure: Phone or personal appearance
Payment method: Medicaid, Medicare, private insurance
Area served: Jefferson, Shelby, and Walker counties

### Fellowship House

(205) 933-2430 1625 12th Avenue South, Birmingham, AL 35205

**Description:** Provides residential rehabilitation for males and females, long term residential services for dual disorder clients who have psychiatric and substance abuse diagnosis, alcohol and drug treatment and education, assessment and referral.

Hours: 24 hours, Monday - Sunday Contact person: Kady Abbott

Fees: Sliding scale based on income, all insurance including Medicaid and Medicare is accepted
Eligibility: Age 19 and up, male and female, and 72 hour sobriety. Resident of Alabama.
Intake procedure: Phone or personal appearance. 7:30 am, Monday - Thursday
Fees: Sliding scale
Area served: Statewide

### **JCCEO Community Services**

(205) 787-3040 228 2nd Avenue, Birmingham, AL 35204

Description: Family and individual counseling and services for alcohol and drug abuse. Education on alcohol and drug abuse prevention.Hours: Call for detailsArea served: Jefferson county

### Jefferson County AIDS in Minorities

(205) 781-1654 1925 Bessemer Road, Birmingham, AL 35201

**Description:** Individual therapy, substance abuse counseling, education programs for MSM's, community and street outreach, HIV school based programs, HIV/AIDS education presentations, HIV and Syphilis testing. **Hours:** 7:00 am- 6:00 pm, Monday – Thursday; 8:00 am - 2:30 pm, Friday; Saturday by appointment

**Eligibility:** HIV positive, and families affected by HVI. Letters of request for programs from schools and other facilities requesting education/testing. **Intake procedure:** Walk in to apply, self-referrals, by phone or by service provider

Fees: No fee for services Area served: Jefferson county

### Jefferson – Blount – St. Clair Mental Health Authority

(205) 595-4555 940 Montclair Road Suite 200, Montcrest Building, Birmingham, AL 35213 www.jbsmha.com

**Description:** Substance abuse subcontracting service, residential care for persons with serious mental illness and intellectual disabilities, housing programs for individuals with a serious mental illness, homeless services project, community based training programs for persons with intellectual disability and serious mental illness, information and referral for the individuals with a mental disability. Probate Court Liaison, Bryce Hospital Liaison, outreach case management services for adults with a serious mental illness, outreach case management and in home intervention services for seriously emotionally disturbed children and their families, Family Court Liaison, Department of

Human Resources, support groups. Hours: 8:00 am -5:00 pm, Monday - Friday Eligibility: Resident of Jefferson, Blount, or St. Clair counties Intake procedure: Call for appointment

#### Narcotics Anonymous

(866) 985-0008 209 20th Street North, Box 170, Birmingham, AL 35203

**Description:** A self-help group for people having problems with illegal or prescription drugs. 12-step structured program. Call the 24-hour answering service for the current listing of meetings. Hours: Irregular hours—Call for details

**Services:** Drug dependent support groups, family/friends of drug abusers support groups, substance abuse counseling

### Noah's Ark Child and Family Treatment Center

(205) 502-7278 1728 5th Avenue North, Birmingham, AL 35203

Description: Noah's Ark provides mental health care services to individuals and families Hours: 8:00 am - 7:00 pm, Monday - Friday Fees: Accepts Medicaid Area served: Blount, Jefferson, and Shelby counties Languages: English and Spanish

### **Oakmont Center for Human Services**

(205) 787-7100 2008 21st Street Ensley, Birmingham, AL 35218

**Description:** Individual therapy, substance abuse counseling, education programs for MSM's, community and street outreach, HIV school based programs, HIV/AIDS education presentations, HIV and Syphilis testing. **Hours:** 7:00 am - 6:00 pm, Monday – Thursday; 8:00 am - 2:30 pm, Friday; Saturday by appointment

**Eligibility:** HIV positive, and families affected by HVI. Letters of request for programs from schools and other facilities requesting education/testing. **Intake procedure:** Walk in to apply, self-referrals, by phone or by service provider

Fees: No fee for services

Area served: Jefferson county

### Rhonna W. Phillips – Counseling and Therapy

(205) 356-9834 1320 Alford Ave #101, Birmingham, AL 35226 www.birminghamcounselor.com

**Description:** Private practice counseling and therapy for families, couples, individuals, teens, preteen and school age kids. Group therapy is also available. Areas of focus include: relationships, adjustments, grief, depression and bipolar, LGBTW, stress management and anxiety, ADD/ADHD, Oppositional defiance and conduct disorders, parenting, marital, divorce support and coaching, elder care/ family mediation, personality disorders, substance abuse, domestic violence, eating disorders, mental illness, sex abuse, group for adult women survivors of childhood sexual abuse

Hours: 7:00 am - 6:00 pm, Monday - Friday, or by appointment Eligibility: Ability to provide informed consent. Guardian consent for those under the age of 14.

Intake procedure: Call for appointment or schedule intake online. Fees: \$100-\$135 depending upon the service. \$150 for ADHD assessment. \$50 for group, \$65 for screening, \$40 for 1hr ALC supervision. Call for rates for collaborative practice. No filing with insurance, but cash, check, debit/credit card are accepted.

Area served: Birmingham Metro

### St. Anne's Home Inc.

(205) 933-2402 2772 Hanover Circle, Birmingham, AL 35205

**Description:** Provides secondary treatment in a residential setting for women recovering from chemical dependence.

Hours: 24 hours, Monday - Sunday

Contact person: Amy Dunn

**Eligibility:** Female, age 19-70 plus, must have completed previous treatment, a diagnosis of chemical dependence, and must be drug-free.

**Intake procedure:** Counselor, physician, or personal request. Must have social assessment, and copy of social security card.

Fees: \$750 per month

Area served: Alabama residents and out of state.

### UAB Comprehensive Community Mental Health Center

(205) 934-4108 908 20th Street South, Birmingham, AL 35233

**Description:** Services include evaluation, medication, follow-up, day treatment, patient and family education, assertive community treatment, limited psychotherapy, neuropsychological evaluation. Similar services available for children and adolescents.

Hours: 8:00 am - 5:00 pm, Monday - Friday

Eligibility: Live in the UAB catchment area, seriously mentally ill adults, seriously emotionally disturbed children. Intake procedure: Call ACCESS 934-7008 Fees: Charity care based on income for indigent patients, other patients are full fee. Medicaid and Medicare cover or other insurance.

## UAB Substance Abuse Programs Beacon Addiction Treatment Center (205) 917-3733

401 W Beacon Parkway, Birmingham, AL 35209

Description: Provides adolescent treatment, Antabuse therapy, brief treatment, drug/alcohol education, family therapy, group counseling, individual therapy, intensive outpatient treatment, urinalysis testing and reporting.
Hours: 8:00 am- 5:30 pm, Monday - Thursday
8:00 am- 5:00 pm, Fri
Eligibility: Primary diagnosis of alcohol or drug abuse or dependency.
Intake procedure: Call for appointment
Fees: Scaled to family income
Area served: State of Alabama

### US Department of Veterans Affairs – Vet Centers Birmingham

(205) 212-3122 1201 2nd Avenue South, Birmingham, AL 35233 www.vetcenter.va.gov

**Description:** Readjustment counseling for combat related stress and debriefing for returning home, group readjustment counseling, job counseling and referral, social service referrals, referral for benefits assistance, martial and family counseling, substance abuse information and referral, programs for families and significant others, sexual trauma counseling and referral, community education and liaison with community agencies, bereavement counseling. **Hours:** 8:00 am- 4:30 pm, Monday - Friday

**Eligibility:** War zone veterans- all eras, including operations in former Yugoslavia and global war terrorism. Parents, spouses and children of Armed Forces personnel who died in service of their country and family members of Reservists and National Guardsmen who die while on duty. Intake procedure: Call for appointment or walk-in

**Fees:** All services are free to eligible veterans and their families and significant others.

## Behavioral/Mental Health

## Jefferson – Blount – St. Clair Mental Health Authority

(205) 595-4555 940 Montclair Road Suite 200, Montcrest Building, Birmingham, AL 35213 www.jbsmha.com

Description: Substance abuse subcontracting service, residential care for persons with serious mental illness and intellectual disabilities, housing

### Behavioral/Mental Health (con't)

programs for individuals with a serious mental illness, homeless services project, community based training programs for persons with intellectual disability and serious mental illness, information and referral for the individuals with a mental disability. Probate Court Liaison, Bryce Hospital Liaison, outreach case management services for adults with a serious mental illness, outreach case management and in home intervention services for seriously emotionally disturbed children and their families, Family Court Liaison, Department of Human Resources, support groups. Hours: 8:00 am -5:00 pm, Monday - Friday Eligibility: Resident of Jefferson, Blount, or St. Clair counties Intake procedure: Call for appointment

### **Christ Health Center**

(205) 380-9455 5720 1st Ave S, Birmingham, AL 35212

Description: A full-service primary care health center with board certified family medicine doctors, pharmacists and mental health professionals.
Dental services: checkups, preventative care, x-rays, filings, crowns, bridges, partials, dentures, root canals, and tooth replacement.
Hours: 8:00 am -5:00 pm, Monday - Friday, last available appointment of the day is 4:30 pm.
Fees: All forms of insurance, including Medicaid and Medicare, accepted. We also accept uninsured patients on a self-pay basis starting at \$35.
Intake procedure: Call for appointment
Area served: Jefferson County

### National Alliance on Mental Illness (NAMI) - Alabama

(205) 821-4567 1715 6th Ave S, Birmingham, AL 35213 www.namialabama.org

Description: NAMI Alabama is a non-profit grassroots organization, providing support, education, and advocacy for persons with mental illnesses, their families, and others whose lives are affected by these brain disorders. NAMI is comprised of family and friends of people living with mental illnesses. NAMI offers support groups, educational meetings, and access to mental health related resources. Eligibility: Services available to the general public.

Intake procedure: Call for further information/assistance.

Contact person: Kathy Avsar

Fees: No fee for service

Area served: Jefferson County

**Services:** Advocacy for Mental Illness/ Emotional Disabilities, Community Mental Health Agencies, Mental Health Related Support Groups

### Behavioral/Mental Health (con't)

# UAB Comprehensive Community Mental Health Center

(205) 934-4108 908 20th Street South, Birmingham, AL 35233

Description: Services include evaluation, medication, follow-up, day treatment, patient and family education, assertive community treatment, limited psychotherapy, neuropsychological evaluation. Similar services available for children and adolescents.
Hours: 8:00 am- 5:00 pm, Monday - Friday
Eligibility: Live in the UAB catchment area, seriously mentally ill adults, and seriously emotionally disturbed children.
Intake procedure: Call ACCESS 934-7008
Fees: Charity care based on income for indigent patients, other patients are full fee. Medicaid and Medicare cover or other insurance.
Western Mental Health Center Inc.
(205) 788-7770
1701 Ave D Ensley, Birmingham, AL 35218
Description: Provides outpatient services, inpatient services, partial

hospitalization, emergency services, consultation and education, and pharmacy Hours: 8:00 am- 5:00 pm, Monday - Friday, 24hour/7 day emergency service Eligibility: Residents, adults and children, of western Jefferson County Intake procedure: Phone intake worker Fees: A sliding scale based on income and number of dependents

### Transportation

### AIDS Alabama

(205) 324-9822 3529 7th Avenue South, Birmingham, AL 35222

Description: Provides housing (transitional and permanent), case management, prevention education, transportation, substance abuse treatment, health insurance continuation, emergency utility assistance, and rental assistance for housing.
Hours: 8:00 am- 5:00 pm, Monday - Friday
Eligibility: HIV positive and low income, resident of Alabama
Intake procedure: caseworker referral
Fees: No fee for service

### Alabama Kidney Foundation

(205) 934-2111 2012 University Blvd, Room 164, Birmingham, AL 35233

**Description:** Assist low-income individuals with kidney disease and their families

### Transportation (con't)

**Services:** Medical appointments transportation for kidney disease, prescription expense assistance for kidney disease, utility assistance for kidney disease

#### Alabama Medicaid Agency

(800) 362-1504 486 Palisades Blvd, Birmingham, AL 35209-5154

**Description:** Medicaid's NET program is set up to help pay for rides to and from a doctor's office, clinic or other place for medical care that can be planned ahead of time. This ride can be in a personal care, a car of a friend, neighbor or family member, or on a bus or van. Patients can also get a ride on a city bus or from a group in their town or area.

Hours: 8:00 am - 4:00 pm, Monday - Friday; except on major state holidays Eligibility: Medicaid recipients

**Intake procedure:** Call 4-800-362-1504 at least 5 days before the ride is needed, the operator will ask for some information to make sure the ride is covered by Medicaid and also about the need for a ride.

### American Cancer Society, Inc.

(205) 930-8860; (800) 227-2345 1100 Ireland Way, Suite 201, Birmingham, AL 35205

Description: Provides financial aid for medication and ostomy supplies, visitation programs, medical supplies and equipment, support groups, exercise programs, transportation assistance, educational programs, makeovers available for female patients, and Hope Lodge Hours: 8:00 am - 5:00 pm, Monday - Friday Contact person: Ginny Tucker, 205-918-3229 Intake procedure: Phone for information

### Clastran

(205) 325-8787; (877) 826-7876 2121 8th Avenue North, Birmingham, AL 35203

Description: Clastran transports persons who are elderly (60+), disabled, or traveling to or from a rural area in Jefferson, Shelby and Walker counties.
Hours: 7:00 am - 5:00 pm, Monday - Friday, except holidays
Eligibility: HIV positive and low income, resident of Alabama
Intake procedure: Call for details
Fees: \$4 one-way trip within Jefferson, Shelby and Walker counties. \$8 round trip within Jefferson, Shelby and Walker counties
Area served: Jefferson, Shelby and Walker counties

### **Collat Jewish Family Services**

(205) 870-1010 3940 Montclair Road, Suite 205, Birmingham, AL 35213

#### Transportation (con't)

Description: Provides comprehensive services to the elderly, including transportation, case management, in home personal care, counseling and caregiver support.
Hours: 8:30 am - 5:00 pm, Monday - Thursday
8:30 am- 4:00 pm, Fri
Eligibility: Resident of Birmingham metro area or part of the Jewish community Intake procedure: Contact Robin McMilin, Clinical Director, 205-879-3438
Fees: Sliding scale
Area served: Birmingham

### Kid One Transport

(205) 978-1000; (800) 543-7143 3535 7th Court South, Birmingham, AL 35222 www.kidone.org

Description: Transportation for children to regular doctor's or agencies appointment for the betterment of the child medically, mentally and physically.
Hours: 8:00 am - 5:00 pm, Monday - Friday
Eligibility: Must live in home with little or no means of transportation. Doctor must be located in Birmingham. Under 19 or expecting mothers.
Intake procedure: Through a social worker, pediatrician's office, non-profit agency, hospital, clinic or through ones self. Existing client need to call 2 weeks prior to appointment. New clients need to call 30 days prior to appointment.
Fees: Medicaid accepted, but not required
Area served: Central, Northeast, and West Alabama

### Mt. Zion Community Development Center

(205) 328-4893 1600 19th Avenue North, Birmingham, AL 35204

Description: Assistance with utilities, shelter and food. Provides transportation to doctor's appointments, to other service areas and personal errands Hours: 8:30 am - 4:30 pm, Monday - Friday In home appointments: 8:30 am - 12:30 pm, Monday - Friday Transportation requirements: Require one week notice prior to appointment Eligibility: Low income or no income, age 55 and older Intake procedure: caseworker referral Fees: No fee for service Area served: Acipco, Druidhill, Evergreen, Enon Ridge and Fountain Heights

# Travelers Aid of Greater Birmingham

(205) 322-5426 1605 5th Ave N, Birmingham, AL 35203

**Description:** Provides counseling and emergency assistance to travelers, runaways, newcomers and mobile families and individuals, and transportation assistance for medically indigent to local health care providers.

Transportation (con't)	Hours: 8:00 am- 4:30 pm, Monday - Friday Eligibility: Determined on case by case basis. Medical transportation
	determined by income and need. Resident of Jefferson, Shelby, Walker, Blount
	and St. Clair counties.
	Intake procedure: Call for appointment
	Area served: Blount, Jefferson, Shelby, St. Clair, and Walker counties.

General Assistance Information **211 Alabama** Dial 2-1-1 or text or call 888-421-1266 www.211connectsalabama.org

**Description:** Service helps with locating assistance for basic human needs, government information, employment support, and health resources.



# Shelby County

Food

# Salvation Army – Shelby County Corps

(205) 663-7105 108 Plaza Circle, Suite E, Alabaster, AL 35007 salvationarmyalm.org/birmingham/shelby-county-corp

Description: Provides emergency food assistance to the community. Services: Provides immediate emergency assistance to those in need: food, utility assistance, counseling, clothing, medical RX assistance, disaster assistance, Christmas assistance (toys & food), youth and adult programs Hours: 9:00 am until food runs out, Wednesday - Thursday Intake procedure: Personal appearance.

### Serving You Ministries

(205) 908-7985 7160 Cahaba Valley Road, Birmingham, AL 35242 www.servingyou.org

**Description:** Provide emergency assistance with food, housing, and utilities. For utility assistance, we only provide power and gas assistance and cannot help if the utility is already disconnected. **Services:** Food Pantries, Utility Assistance

**Hours:** 9:00 am- 12:00 pm, Mon, Brook Highland Location 9:00 am- 12:00 pm, Tue, Wed, Thu, must sign in by 11:30 am, Trussville Location

3:00 pm-6:00 pm, Wed, must sign in by 5:30 pm, Trussville Location Intake procedure: Client must show up during normal business hours with all required documentation. We take the first 10 people on a first come, first served basis.

## Shelby Baptist Association Church & Community Ministries

(205) 669-7858 205 Walton Street, Columbiana, AL 35051 www.shelbybaptist.org

Description: Emergency food, clothing and furniture, thrift store on site, tutoring for English as a second language for school children, English as a second language adult classes in various locations, prayer ministry.
Services: Christmas programs, English as a Second Language, Food Pantries, Furniture, General Clothing Provision, School Supplies, Thrift Shops, Tutoring Services

Food (con't)

Hours: 9:00 am-12:00 pm, Monday - Wednesday for food, clothing, and furniture distribution Intake procedure: Phone or personal appearance

### Hoover Church of Christ Food Pantry (205) 822-5610 3248 Lorna Road, Hoover, AL 35216

**Description:** Food pantry that provides food to general public Services: Food Pantries Hours: 3:00 pm- 4:30 pm, last Sunday of every month Intake procedure: Call for Appointment

### Middle Alabama Area Agency on Aging

(205) 663-1307 1097 7th St SW, Alabaster, AL 35007

Description: Provides social enrichment for older adults. Provides hot meal at lunch, \$2 donation requested. Schedules day trips and other activities for members. Services: Congregate Meals/Nutrition Sites, Exercise Classes/Groups for older Adults, Home Delivered Meals, Senior Centers Hours: Call for Details Eligibility: Varies by program Contact person: Carolyn Fortner

## Middle Alabama Area Agency on Aging

(205) 670-5770 209 Cloverdale Circle, Alabaster, AL 35007 www.m4a.org

**Description:** Caregivers Support, legal assistance, SHIP (State Health Insurance Program), Medicaid Waiver, Ombudsman, Information & Referral, Senior RX (prescription assistance), senior nutrition programs, and case management. Services: Caregiver Counseling, Congregate Meals/Nutrition Sites, Fans, Heaters, Home Delivered Meals, Legal Counseling, Prescription Expense Assistance, Senior Community Service Employment Programs, State Medicaid Waiver Programs Hours: 8:00 am - 4:30 pm, Monday - Friday Eligibility: 60 years of age or older. Intake procedure: Call for Details Fees: Alabama Cares Program only (caregiver support), sliding scale.

## Middle Alabama Area Agency on Aging

Food (con't)	(205) 670-3969 15863-A Highway 25, Calera, AL 35040
	(205) 669-3969 93 Washington Street, Columbiana, AL 35051
	(205) 665-9206 434 Vine Street, Montevallo, AL 35115
	(205) 672-7697 50 John Sparkman, Vincent, AL 35115
	<ul> <li>Description: Provides social enrichment for older adults. Provides hot meal at lunch, \$2 donation requested. Schedules day trips and other activities for members.</li> <li>Services: Congregate Meals/Nutrition Sites, Exercise Classes/Groups for older Adults, Home Delivered Meals, Senior Centers</li> </ul>
	Hours: Call for Details Eligibility: Varies by Program
Food Stamps	<b>Shelby County Department of Human Resources</b> (205) 669-3000 987 Highway 70, Columbiana, AL 35051
	www.dhr.state.al.us
	<ul> <li>www.dhr.state.al.us</li> <li>Description: Provides adoption, adult and child protective services, temporary assistance, child support services, day care of children, Food Stamps, foster home care for children and adults, homemaker service care to adults, J.O.B.S. (welfare to work), information and referral service, and home studies for the Court.</li> <li>Services: Adoption Services, Adult Foster Homes, Child Abuse Hotlines, Child Support Assistance/Enforcement, Children's Protective Services, Food Stamps/SNAP, Foster Homes for Dependent Children, Homemaker Assistance, TANF, Welfare to Work Programs</li> <li>Hours: 8:00 am - 4:30 pm, Monday -Friday</li> <li>Intake Procedure: Phone or personal appearance or mail.</li> </ul>

counseling, assistance in obtaining social services, court and legal accompaniment, transitional housing for domestic violence and sexual assault victims. Services: Case/Care Management, Domestic Violence Hotlines, Domestic Violence Shelters, Sexual Assault Counseling, Transitional Housing/Shelter for Single Mothers Hours: 24 hours a day, seven days a week Eligibility: Victim of sexual assault/rape and/or victim of physical/verbal abuse by partner or other family member. Intake procedure: Call for Details Fees: No Fee for Service

### **Gateway Family Counseling Shelby County**

(205) 510-2780 333 Business Circle, Pelham, AL 35124 www.gway.org

**Description:** Program offering young adults a transition from institutions and foster care to independent, functional adult living.

**Services:** Provides affordable, professional counseling services for individuals, families and groups. Special services and support groups for survivors of disasters, trauma, suicide, abuse, etc. Comprehensive Employee Assistance Program available to corporations and their employees.

Transitional parenting program to assist divorcing parents in reducing negative impact of the divorce on their children.

Hours: 8:00 am- 4:30pm, Mon-Fri

**Eligibility:** All referrals come through the Department of Human Resources.

Intake procedure: Call 510-2755 For Appointment

# Housing Authority Calera & Montevallo (205) 668-0783

1645 21st Avenue, Calera, AL 35040

Description: Provides referrals to housing based on federal guidelines. Housing available is section 8 housing and government housing. Services: Housing Authorities, Section 8 Housing Choice Vouchers Hours: 7:30 am - 4:00 pm, Monday - Friday Eligibility: Low income, 19 years and older, elderly and or handicapped. Intake procedure: Personal appearance

## Housing Authority Columbiana

(205) 669-6921 111 Alabama Avenue, Columbiana, AL 35051

**Description:** Provides low cost housing for low-income families. **Services:** Housing Authorities, Section 8 Housing Choice Vouchers

Shelter/Housing (con't)	Hours: 8:00 am- 4:30pm, (Closed 12-1pm), Mon-Fri Eligibility: Low-Income, age 62 and up, disabled or handicapped, family unit, based on income and family composition. Intake procedure: Personal appearance
Substance Abuse/ Addiction	<b>Bradford Health Services</b> (205) 621-4429 101 Aviators View Drive, Suite B, Alabaster, AL 35007 www.bradfordhealth.com
	<ul> <li>Description: This agency provides substance abuse (drug &amp; alcohol) treatment; intensive outpatient treatment provided for adults and adolescents/ Detox Inpatient services provided.</li> <li>Services: Detoxification, Residential Substance Abuse Treatment Facilities, Substance Abuse Counseling</li> <li>Hours: 24 hours a day, seven days a week</li> <li>Eligibility: Anyone with a substance related problem.</li> <li>Intake procedure: Call (334) 671-1677 For Appointment. Initial Intake appointment is free.</li> <li>Fees: Accepts most major insurance and self-pay for all services. Medicaid or Medicare can be accepted for Detoxification services ONLY. Detox services are contracted out to two locations- one hospital in Bullock County and one hospital in Calhoun County.</li> </ul>
	<b>Family Connection</b> (205) 663-6301 County Road 26, Alabaster, AL 35007 www.familyconnection-inc.org
	<ul> <li>Description: The Coalition is community-wide effort of volunteers to promote the prevention of alcohol, tobacco and other drug abuse. The mission of the coalition is to enhance the safety of our community by preventing drug abuse among youth and promoting initiatives that improve the well-being of our citizens.</li> <li>Services: Smoking Education/Presentation, Substance Abuse Education/ Prevention</li> <li>Contact person: Windy Rosenstiel, Coordinator: windy@ familyconnection-inc.ord or 205-663-6301</li> </ul>
Behavioral/Mental Health	<b>Mental Health Board of Chilton &amp; Shelby Counties Inc.</b> (205) 755-5933 110 Medical Center Drive, Calera, AL 35040 www.chiltonshelby.org (205) 668-4308

## Behavioral/Mental Health (con't)

151 Hamilton Lane, Calera, AL 35040 www.chiltonshelby.org

(205) 668-1327 67 Highway 67, Calera, AL 35040 www.chiltonshelby.org

**Description:** Outpatient services, residential services, prevention services, case management, day habilitation, drug court, adult and adolescent intensive outpatient program, emergency services, adult intensive day treatment, child and adolescent day treatment, child and adolescent in home intervention, in home intervention for adults, certified peer specialist program, supportive housing program. **Services:** Community Mental Health Agencies

**Hours:** 8:00 am- 4:00 pm, Mon-Fri, or by appointment. Emergency services are accessible 24 hours/7 days a week by calling 205-755-5933 and/or 205-663-1252.

Intake procedure: Call branch offices for screening/appointment. Fees: Sliding scale fee is available for contract eligible residents only and is based on household income. Insurance, Medicaid, Medicare, Visa, Master Card, and private par are also accepted.

### National Alliance on Mental Illness (NAMI) Alabama – Shelby County (205) 305-0782

PO Box 342, Pelham, AL 35124 www.namialabama.org

**Description:** NAMI Alabama is a non-profit grassroots organization, providing support, education, and advocacy for persons with mental illnesses, their families, and others whose lives are affected by these brain disorders. NAMI is comprised of family and friends of people living with mental illnesses. NAMI offers support groups, educational meetings, and access to mental health related resources.

**Services:** Advocacy for Mental Illness/ Emotional Disabilities, Community Mental Health Agencies, Mental Health Related Support Groups

Eligibility: Services available to the general public. Intake procedure: Call for further information/assistance. Fees: No Fee for Service

General Assistance Information

## **211 Alabama** Dial 2-1-1 or text or call 888-421-1266 www.211connectsalabama.org

**Description:** Service helps with locating assistance for basic human needs, government information, employment support, and health resources.