



Community Resource Guide

Table of Contents

Jefferson County	1
<i>Food Programs</i>	1
<i>Food Stamps/ SNAP</i>	3
<i>Soup Kitchens</i>	4
<i>Summer Food Service Programs</i>	5
<i>Shelter/Housing</i>	5
<i>Substance Abuse/Addiction</i>	8
<i>Behavioral/Mental Health</i>	13
<i>Transportation</i>	14
Shelby County	18
<i>Food Programs</i>	18
<i>Food Stamps/ SNAP</i>	19
<i>Shelter/Housing</i>	20
<i>Substance Abuse/Addiction</i>	21
<i>Behavioral/Mental Health</i>	21
<i>Transportation</i>	22



Jefferson County

Food Programs

The Salvation Army

(205) 425-4303
525 13th St., Bessemer, AL 35020
www.salvationarmyusa.org

Description: Utility and food assistance to qualified applicants; provided by appointment.

Services: Donation pick-up or substance abuse services: (205) 252-8151.

Shelter: (205) 328-2420; search website by zip code.

Intake Procedure: Leave message with name and contact information and your call will be returned.

Hours: Monday – Friday | 9:00 am - 4:00 pm

Serving You Ministries

(205) 777-3653
John Gibson
6523 1st Avenue North, Birmingham, AL 35206
www.servingyou.org

Description: Emergency assistance with food, housing, and utilities (only power and gas). Cannot help if utilities have already been disconnected.

Intake Procedure: Call for appointment.

Eligibility: Residents of Birmingham area.

Hours: Sunday | 2:30 pm - 4:30 pm; Monday – Thursday | 8:00 am - 4:00 pm;
Closed Friday and Saturday.

Triumph Youth and Adult Community Development

(205) 424-6892
Gwendolyn Hendon (Project Share), Pastor Christopher Ruffin (Project Share),
or Shelia Ruffin (Food Pantry).
1431 13th Ave North, Bessemer, AL 35020
www.tyaacd.org

Description: Provide services to meet the critical needs of the community in an effort to help improve the quality of life for families by way of weekly food pantry, American Red Cross Project Share Site, summer feeding programs, enrichment programs, daycare, clothing, etc.

Services: Food pantries, GED/high school equivalency test instruction, general clothing provision, summer food service programs, utility assistance, daycare, and volunteer opportunities.

Food Programs (cont.)

Intake Procedure: Picture ID required at food pantry.

Hours: Food Pantry: Tuesday and Friday | 2:30 pm - 4:30 pm; Project Share: By appointment. Dependent of Daylight Saving Time. Times can change due to lighting.

Birmingham AIDS Outreach

(205) 322-4197

Kris Hauenstein

205 32nd Street South, Birmingham, AL 35233-3007

www.birminghamaidsoutreach.org

Description: Provides food closet, clothing closet, support groups, counseling, transportation assistance, legal services, secondary prevention education, emergency financial assistance for medically-needed items, primary prevention education, co-pays for medicine, and youth advisory council.

Services: PMP clinic, AIDS/HIV clinics, AIDS/HIV prevention counseling, disease/disability-related support groups for AIDS/HIV, HIV/STI testing, prescriptions, and expense assistance for AIDS/HIV.

Intake Procedure: Written documentation of positive HIV or AIDS from MD or NP stating the need of services.

Eligibility: Services to individuals and families who are affected by AIDS/HIV.

New COVID-19 Times: Monday, Tuesday, and Thursday | 9:00 am - 5:00 pm;
Wednesday | 10:00 am - 6:00 pm

Bridge Ministries

(205) 930-0309

1016 19th Street South, Birmingham, AL 35205

www.bridgeministriesbham.org

Description: Provides emergency food to low-income, homeless, and disabled persons; Assistance with rent, utilities, etc. when funds are available.

Services: Food pantries, rent, and utility assistance.

Eligibility: Call to determine eligibility (Some referral sent to: One Roof and/or JCCEO).

Hours: Phones open Monday – Thursday | 8:30 am – 12:30 pm. Appointment required.

Catholic Center of Concern

(205) 786-4388

712 4th Court West, Birmingham, AL 35204

www.bhmdiocese.org

Description: Provides food and clothing in real emergency situations. Needs determined by personal interview. (Please call first.)

Services: Food pantry and general clothing provision.

Intake Procedure: Written referrals from social workers, proper identification, social security card, official proof of current address. (Please do not leave messages when you call.)

Eligibility: Real emergency situations. Needs determined by personal interview. Serves all areas.

Food Programs (cont.)

Hours: Monday – Thursday | 8:30 am – 12:30 pm. First come, first served. Afternoons and Fridays by appointment only. Closed to the public the fourth Wednesday of the month.

Eastern Area Christian Ministries

(205) 836-9932

8000 2nd Avenue South, Birmingham, AL 35206

Description: Provides food, clothing, infant/toddler diapers, and utility assistance to the community.

Services: Food pantry and general clothing provision; Utility assistance once per month by appointment.

Intake Procedure: Bring proof of address in designated zip code zones and valid ID and SS card for all family members each time served. Provide information on income and unusual expenses or circumstances.

Eligibility: Written documentation of need, proof of address, and Social Security card for all family members and be a resident of zip codes 35126, 35173, 35206, 35210, 35215, 35217, and 35235.

Hours: Currently Monday and Wednesday | 1:00 pm - 2:30 pm. Social distancing and mask required. Walk-ins welcome.

Miracle Deliverance Temple Church of God

(205) 925-2417

901 1st Place Pratt, Birmingham, AL 35214 (temporarily)

Description: Provide emergency food assistance to the community.

Services: Food pantries.

Intake Procedure: Picture ID and proof of residence.

Hours: Third week of each month (Usually Fridays).

Food Stamps/ SNAP

Jefferson County Department of Human Resources Bessemer Branch

(205) 744-3600

1601 Carolina Avenue, Bessemer, AL 35020

www.dhr.alabama.gov/county-office-contact

Description: Services intake (information and referral for emergency needs), contract services (day care, group homes, mental health, etc.), foster homes for adults, day care for adults, child protective services (abuse and neglect reports), foster care, foster care licensing, adoption services, emergency welfare services, community resources, Food Stamps, TANF, aid to refugees, Medicaid, jobs program, child support, and adult services.

Services: Adoption services, adult day programs, adult protective services, child support assistance/enforcement, children's protective services, Food Stamps/SNAP, foster homes for dependent children, and Welfare to Work programs.

Intake Procedure: Phone, personal appearance, or letter.

Hours: Monday – Friday | 8:00 am – 4:30 pm

Soup Kitchens

Grace Episcopal Church

(205) 595-4636

Rev. Robin Arnold

5712 1st Ave North, Birmingham, AL 35212

www.gracechurchwoodlawn.org

www.thecommunitykitchens.org

Description: “Soup kitchen” offers a warm, nutritious, midday meal regardless of situation or condition 365 days a year.

Services: Meal/nutrition sites, soup kitchens, and food pantry every Tuesday, except the 1st Tuesday of each month, at 9 am available to Woodlawn, Avondale, and Eastlake residents (exceptions now). Emergency Shelter (no guns, drugs, or alcohol) with space for 15 people when temperature is 32 degrees or lower.

Intake Procedure: No ID required; may ask for address for Food Pantry only.

Eligibility: Anyone can eat at soup kitchen.

Hours: Breakfast: Monday – Friday | 9:00 am; Lunch: Monday – Saturday | 12:00 pm (Take-Out); Food Pantry every Tuesday except 1st Tuesday of the month at 9:00 am; Emergency Shelter when temperature is 32 degrees or lower.

St. Andrews Episcopal Church

(205) 251-7898 or (205) 251-3569

Southside Location: 1024 South 12th Street, Birmingham, AL 35205

www.standrewsbhm.org

www.thecommunitykitchens.org

Description: “Soup kitchen” offers a warm, nutritious, midday meal regardless of situation or condition 365 days a year.

Services: Meals/nutrition sites, soup kitchens, and emergency food bank when exhausted all other options. Provides 3-4 days worth of food.

Intake Procedure: Walk in to apply.

Eligibility: Anyone can eat at soup kitchen.

Hours: Soup Kitchen open Weekdays and Saturday | 12:00 pm (Take-Out)

Highlands United Methodist Church

(205) 933-8751

Call and use ext. 301 for Project ID or Community Ministries

1045 20th Street South, Birmingham, AL 35205

www.highlandsumc.net

Description: Provides continental breakfast in soup kitchen.

Services: Food, hygiene products, and mail services.

Hours: Offices open Monday – Friday | 8:00 am – 4:00 pm. Services provided Tuesdays and Fridays | 8:30 am – 11:30 am.

Soup Kitchens (cont.)

Old Firehouse Shelter

(205) 252-9571

1501 3rd Avenue North, Birmingham, AL 35203

Description: Overnight shelter for men, day shelter with educational and social opportunities such as GED preparation, job placement and job training referrals, clothes closet, substance abuse recovery program, community noon meals, case management, transitional housing for men, and street outreach program.

Services: Bathing facilities for men, case/care management for men, congregate meals/nutrition sites, GED/High School Equivalency test instruction, general clothing provision, homeless shelter for men, homeless advocacy groups, soup kitchens, and transitional housing/shelter for men.

Eligibility: Adult men. Noon meal is open to everyone.

Intake Procedure: Phone or personal appearance.

Hours: Monday – Friday (soup kitchen) 11:30 am – 12:30 pm; Monday, Wednesday, Thursday, Saturday and Sunday (day program) | 3:00 pm – 5:30 pm; Monday – Sunday (shelter) | 7:30pm – 6:00 am, with intake at 6:30 pm.

Summer Food Service Programs

Triumph Youth and Adult Community Development

(205) 424-6892

Gwendolyn Hendon (Project Share), Pastor Christopher Ruffin (Project Share), or Shelia Ruffin (Food Pantry).

1431 13th Ave North, Bessemer, AL 35020

www.tyaacd.org

Description: Provide services to meet the critical needs of the community in an effort to help improve the quality of life for families by way of weekly food pantry, American Red Cross Project Share Site, summer feeding programs, enrichment programs, daycare, clothing, etc.

Services: Food pantries, GED/high school equivalency test instruction, general clothing provision, summer food service programs, utility assistance, daycare, volunteer opportunities.

Intake Procedure: Picture ID required at Food Pantry.

Hours: Food pantry open Tuesday and Friday | 2:30 pm – 4:30 pm; Project Share – by appointment. Dependent of Daylight Saving Time. Times can change due to lighting.

Shelter/Housing

Neighborhood Housing Service of Birmingham, Inc.

(205) 328-4292

601 19th Street North, Birmingham, AL 35203

www.nhsbham.org

Description: Offers affordable, multifamily rental units at our Princeton Villas location in West End (4 units) and Forest Park Terrace in Avondale (10 units).

Services: Low income/Subsidized private rental housing.

Intake Procedure: Contact (205) 328-4292 for availability or to be added to the waiting list.

Shelter/Housing (cont.)

Eligibility: Anyone is eligible. We primarily serve low-to-moderate income families and individuals.

Hours: Monday – Friday | 8:00 am – 5:00 pm

US Department of Housing and Urban Development

(205) 731-2617

950 22nd Street North Ste. 900, Birmingham, AL 35203

www.hud.gov

Description: This is a federal agency that provides services to ensure adequate housing for individuals. This agency provides information to the public and investigates discrimination and unfair housing practices.

Services: Community Development Block Grant, agencies, housing discrimination assistance, and low income/subsidized private rental housing.

Intake Procedure: No intake specialist needed.

Hours: Monday – Friday | 8:00 am – 4:30 pm

YWCA Central Alabama

(205) 322-9922

309 23rd Street North, Birmingham, AL 35203

www.ywcabham.org

Description: Offers income based, low-cost housing to single women or women with children (no boys over age of 12).

Services: Independent living communities/complexes, and low income/subsidized private rental housing.

Intake Procedure: Applicant can go online under www.ywcabham.org to fill out and submit an application. Applications will be reviewed by someone with YWCA and someone will get back in touch with applicant advising them of their eligibility.

Eligibility: Resident of Jefferson, Shelby, Walker, Blount or St. Clair County. Must meet HUD definition of homelessness, priority given to those fleeing domestic violence situations.

Hours: Monday – Friday | 8:00 am – 5:00 pm

Housing Authority City of Bessemer

(205) 481-4420

1515 Fairfax Avenue, Bessemer, AL 35021

www.besha.org

Description: Provides referrals to public housing based on federal regulations. Types of housing offered are Section 8, government housing, and complexes for older adults.

Hours: 7:30 am – 4:30 pm, closed from 12:00 pm – 1:00 pm for lunch.

Shelter/Housing (cont.)

Housing Authority Birmingham

(205) 425-7785

5828 Brewer Drive, Birmingham, AL 35021

www.habd.org

Description: Provides housing counseling, public housing and rental, assistance to eligible persons in privately-owned housing, Section 8 lease, purchase home ownership program, Section 8 leased housing, disaster housing assistance program, security (residents), and community services.

Services: Housing authorities.

Intake Procedure: Personal appearance.

Eligibility: Married with low-income, over 21 with dependents and low income, single and 60+, or disabled.

Hours: Monday – Friday | 8:00 am – 5:00 pm

Tarrant Housing Authority Birmingham

(205) 841-2270

624 Bell Avenue, Tarrant, AL 35217

Description: Public housing; No emergency housing.

Services: Housing authorities. Application by appointment; applicants placed on waiting list.

Eligibility: Low-to-moderate income, no criminal background, good rental history, and landlord references.

Hours: Monday – Thursday | 8:00 am – 4:00 pm

Jimmie Hale Mission – Jessie's Place

(205) 323-0170

2305 5th Avenue North, Birmingham, AL 35203

www.jimmiehalemission.com

Description: Shelter for homeless individuals and families.

Services: Domestic violence shelters, homeless shelter for single mothers, and homeless shelter for women.

Hours: Women should arrive Monday – Friday between 1:00 pm – 3:00 pm for intake.

Eligibility: Women age 19 and up and children (boys must be 10 and under); 9:00 am - 4:00 pm, Monday – Friday.

Jimmie Hale Mission – Shepura Men's Center

(205) 324-2271

3420 2nd Avenue North, Birmingham, AL 35222

www.jimmiehalemission.com

Description: Shelter for homeless individuals and families.

Services: Domestic Violence shelters and homeless shelter for men.

Intake Procedure: Call Monday – Friday between 9:00 am – 4:00 pm for appointment.

Hours: Monday – Friday | 9:00 am – 4:00 pm

Shelter/Housing (cont.)

Pathways

(205) 322-6854

409 North Richard Arrington Boulevard North, Birmingham, AL 35203

www.pathwayshome.org

Description: Transitional shelter, case management, transitional housing, employment readiness program, day center, and children's program - Learning to be a Kid. Safe Haven shelter for homeless women with mental illness.

Services: Domestic violence shelters, homeless shelter for women, and transitional housing/shelter for single mothers.

Intake Procedure: Women's shelter, contact Deisha Rosser at (205) 322-6854. Family shelter, contact Carolyn Johnson at (205) 595-6399. For day center, walk-ins are accepted. For employment, call Dawn Mitchell at (205) 322-6854, 7 days a week for shelter services.

Hours: Monday - Friday | 8:30 am - 4:00 pm; Saturday - Sunday | 9:00 am - 3:00 pm (for day services).

YWCA Domestic Violence Services

(205) 322-9922

309 23rd Street North, Birmingham, AL 35203

www.ywcabham.org

Description: Provides confidential shelter and case management for victims and their children in need of refuge resulting from an abusive relationship.

Services: Classes and groups for victims advocating non-violence and self-sufficiency; human resources; and support groups.

Intake Procedure: Call for appointment.

Eligibility: Resident of Jefferson, Blount or St. Clair Counties.

Hours: Monday - Friday | 8:00 am - 5:00 pm

Substance Abuse/Addiction

Affordable Counseling Service

(205) 933-1213 or (800) 338-9277

1923 14th Avenue South, Birmingham, AL 35205

Description: Provides counseling, community health fairs, and information on addiction/co-addiction. Speakers available on related topics for churches or organizations. The agency provides full counseling services, not only addiction counseling.

Services: Counseling (family, individual, and marriage counseling services), substance abuse counseling, and substance abuse education/prevention. Fees: sliding fee.

Intake Procedure: Call for appointment. Resident of Jefferson, Shelby, Walker, Blount, or St. Clair County.

Hours: Monday - Friday | 8:30 am - 4:30 pm

Substance Abuse/Addiction (cont.)

Aletheia House

(205) 324-6502
201 Finley Ave W, Birmingham, AL 35211
www.specialkindofcaring.org

Description: Provides special treatment services for women who are pregnant or Medicaid-eligible female drug abusers, residential drug abuse treatment, and a general outpatient program. They also accept referrals for males for residential drug abuse treatment. They are currently not providing outpatient treatment, only inpatient/residential.

Services: Residential substance abuse treatment facilities, substance abuse counseling, and substance abuse education/prevention. Fees: Sliding scale in some cases, none in others.

Intake Procedure: Call for appointment if you desire to stop using drugs.

Eligibility: Resident of Jefferson, Shelby, Walker, Blount or St. Clair Counties

Hours: Monday – Friday | 8:30 am – 5:00 pm

Bradford Health Services

(205) 942-3200 or (800) 293-7191
631 Beacon Parkway West, Suite 211, Birmingham, AL 35209
www.bradfordhealth.com

Description: The agency provides substance abuse (alcohol & drug) treatment; intensive outpatient treatment provided for adults and adolescents. Detox inpatient services provided.

Services: Detoxification, residential substance abuse treatment facilities, and substance abuse counseling. Fees: Accepts most major insurances and self-pay for all services. Medicaid or Medicare can be accepted for detoxification services ONLY. Detox services are contracted out to two locations—one hospital in Bullock County and one hospital in Calhoun County.

Intake Procedure: Call (334) 671-1677 for appointment. Initial intake appointment is free.

Eligibility: Anyone with a substance related problem.

Hours: Monday – Sunday | 24 hours

Crossroads To Intervention

(205) 791-1886
Tawanna Morton
5424 1st Avenue North, Birmingham, AL 35212

Description: Substance abuse services.

Services: Alcohol and drug counseling, anger management, basic living skills training, job training, parenting skills, child custody evaluations, community service, conflict resolution, family counseling, grief counseling, and drug testing (same day results). Sliding scale based on income; all insurance including Medicaid and Medicare is accepted.

Intake Procedure: Phone or personal appearance.

Eligibility: Desire to live drug free. Resident of Jefferson, Shelby, or Walker Counties.

Hours: Monday – Friday | 8:00 am – 4:30 pm

Substance Abuse/Addiction (cont.)

Fellowship House

(205) 933-2430

1625 12th Avenue South, Birmingham, AL 35205

Description: Substance abuse services.

Services: Provides residential rehabilitation for males and females, long term residential services for dual disorder clients who have psychiatric and substance abuse diagnosis, alcohol and drug treatment and education, assessment, and referrals. Fees: Sliding scale based on income; all insurance including Medicaid and Medicare is accepted.

Intake Procedure: Phone or personal appearance. Monday - Thursday | 7:30 am

Eligibility: Age 19 and up, male and female, and 72 hour sobriety. Resident of Alabama.

Hours: Monday - Sunday | 24 hours

Jefferson – Blount – St. Clair Mental Health Authority

(205) 595-4555

940 Montclair Road, Suite 200, Montclair Building, Birmingham, AL 35213

www.jbsmha.com

Description: Mental Health Services.

Services: Referrals to local mental health clinics, residential care for persons with serious mental illness and intellectual disabilities, housing programs for individuals with a serious mental illness, homeless services project, community based training programs for persons with intellectual disability and serious mental illness, and information and referral for the individuals with a mental disability. Probate Court Liaison, Bryce Hospital Liaison, outreach case management services for adults with a serious mental illness, outreach case management and in home intervention services for seriously emotionally disturbed children and their families, Family Court Liaison, Department of Human Resources, and support groups.

Intake Procedure: Call for appointment.

Eligibility: Resident of Jefferson, Blount, or St. Clair Counties.

Hours: Monday - Friday | 8:00 am - 5:00 pm

Narcotics Anonymous

(866) 985-0008

209 20th Street North #170, Birmingham, AL 35203

Description: A self-help group for people having problems with illegal or prescription drugs. 12-step structured program. Call the 24 hour answering service for the current listing of meetings.

Services: Drug dependent support groups, family/friends of drug abusers, support groups, and substance abuse counseling.

Hours: Irregular hours - Call for details.

Substance Abuse/Addiction (cont.)

Noah's Ark Child and Family Treatment Center

(205) 502-7278 or fax (205) 502-7779
1728 5th Avenue North, Birmingham, AL
www.noahsarktreatmentcenter.com

Description: Noah's Ark provides mental health care services to individuals and families.

Intake Procedure: Accepts Medicaid - Languages: Spanish and English.

Areas Served: Blount, Jefferson and Shelby Counties.

Hours: Monday - Friday | 8:00 am - 5:00 pm

Pearson Hall

(205) 923-6552
2701 Jefferson Ave SW, Birmingham, AL 35204

Description: Detoxification, individual and group counseling, family services, chemical dependency education, aftercare services, speakers bureau, outpatient intervention services, and residential treatment program for women.

Services: Substance abuse counseling, and residential substance abuse treatment facilities.

Intake Procedure: Call for appointment.

Eligibility: Chronic drinking or drug abuse problems, non-psychotic; without serious medical problems. Resident of Alabama.

Hours: Monday - Friday | 9:00 am - 5:00 pm,

Rhonna W. Phillips - Counseling and Therapy

(205) 356-9834
1320 Alford Avenue #101, Birmingham, AL 35226
www.birminghamcounselor.com

Description: Private practice counseling and therapy for families, couples, individuals, teens, preteen, and school age kids. Group therapy is also available. Areas of focus include: relationships, adjustments, grief, depression and bipolar, LGBTQ, stress management and anxiety, ADD/ADHD, oppositional defiance and conduct disorders, parenting, marital, divorce support and coaching, elder care/family mediation, personality disorders, substance abuse, domestic violence, eating disorders, mental illness, sex abuse, group for adults women, and survivors of childhood sexual abuse.

Intake Procedure: Call for appointment or schedule intake online. Fees: \$100-\$135 depending on the service; \$150 for ADHD assessment. \$50 for groups, \$65 for screening, \$40 for 1 hr ALC supervision. Call for rates for collaborative practice. No filing with insurance, but cash, check, and debit/credit cards are accepted.

Eligibility: Ability to provide informed consent. Guardian consent for those under the age of 14.

Area Served: Birmingham Metro.

Hours: 7:00 am - 6:00 pm or by appointment only.

Substance Abuse/Addiction (cont.)

St. Anne's Home Inc.

(205) 933-2402

Amy Dunn

2772 Hanover Circle, Birmingham, AL 35205

Description: Provides secondary treatment in a residential setting for women recovering from chemical dependence.

Intake Procedure: Counselor, physician, or personal request. Must have social assessment, copy of social security card, and valid driver's license. Fees: \$750 per month.

Eligibility: Female, age 29-70; have completed previous treatment, a diagnosis of chemical dependence, and must be drug-free.

Area Served: Alabama Residents and out of state.

Hours: Monday - Sunday | 24 hours

UAB Substance Abuse Programs Beacon Addiction Treatment Center

(205) 917-3733

401 W Beacon Parkway, Birmingham, AL 35209

Description: Provides adolescent treatment, antabuse therapy, brief treatment, drug/alcohol education, family therapy, group counseling, individual therapy, intensive outpatient treatment, and urinalysis testing and reporting.

Intake Procedure: Call for appointment.

Eligibility: Primary diagnosis of alcohol or drug abuse or dependency.

Hours: Monday - Thursday | 8:00 am - 5:30 pm; Friday | 8:00 am - 5:00 pm

Birmingham Vet Center

(205) 212-3122

400 Emery Drive, Suite 200, Hoover, AL 35244

Description: Readjustment counseling for combat related stress and debriefing for returning home, group readjustment counseling, job counseling and referral, social service referrals, referral for benefits assistance, martial and family counseling, substance abuse information and referral, programs for families and significant others, sexual trauma counseling and referral, community education and liaison with community agencies, and bereavement counseling. All services are free to eligible veterans and their families and significant others.

Eligibility: War zone veterans - all eras, including operations in former Yugoslavia and global war terrorism. Parents, spouses and children of Armed Forces personnel who died in service of their country and family members of Reservists and National Guardsmen who died while on duty.

Intake procedure: Call for appointment or walk-in.

Hours: Monday - Friday | 8:00 am - 4:30 pm

Christ Health Center

(205) 380-9455

5720 1st Ave S, Birmingham, AL 35212

Description: A full-service primary care health center with board certified family medicine doctors, pharmacists, and mental health professionals.

Dental services: checkups, preventative care, x-rays, fillings, crowns, bridges, partials, dentures, root canals, and tooth replacement.

Intake Procedure: Call for appointment.

Eligibility: All forms of insurance, including Medicaid and Medicare, accepted.

We also accept uninsured patients on a self-pay basis starting at \$35.

Hours: Monday – Friday | 8:00 am – 5:00 pm, last available appointment of the day is 4:30 pm.

Jefferson – Blount – St. Clair Mental Health Authority

(205) 595-4555

940 Montclair Road, Suite 200, Montclair Building, Birmingham, AL 35213

www.jbsmha.com

Description: Mental Health Services.

Services: Referrals to local mental health clinics, residential care for persons with serious mental illness and intellectual disabilities, housing programs for individuals with a serious mental illness, homeless services project, community based training programs for persons with intellectual disability and serious mental illness, and information and referral for the individuals with a mental disability. Probate Court Liaison, Bryce Hospital Liaison, outreach case management services for adults with a serious mental illness, outreach case management and in home intervention services for seriously emotionally disturbed children and their families, Family Court Liaison, Department of Human Resources, and support groups.

Intake Procedure: Call for appointment.

Eligibility: Resident of Jefferson, Blount, or St. Clair Counties.

Hours: Monday – Friday | 8:00 am – 5:00 pm

UAB Comprehensive Community Psychiatry Program

(205) 934-4108

908 20th St. S, Birmingham, AL 35233

www.uab.edu

Description: Services include evaluation, medication, follow-up, day treatment, patient and family education, assertive community treatment (due to COVID-19, Day Treatment and Community Treatment not available; providing services remotely), limited psychotherapy, and neuropsychological evaluation. Similar services available for children and adolescents.

Intake Procedure: Call (205) 934-7008.

Eligibility: Live in the UAB Catchment area, seriously mentally ill adults, and seriously emotionally disturbed children.

Hours: Monday – Friday | 8:00 am – 5:00 pm

Behavioral/Mental Health (cont.)

JBS Western Mental Health Clinic

(205) 788-7770

1701 Avenue D Ensley, Birmingham, AL 35218

www.jbsmentalhealth.com

Description: Provides outpatient services, inpatient services, partial hospitalization, emergency services, consultation, and education.

Intake Procedure: Call (205) 788-7770 and ask for an intake worker.

Eligibility: Adult and children who are residents of Western Jefferson County.

Hours: Monday - Friday | 8:00 am - 4:30 pm

Transportation

AIDS Alabama

(205) 324-9822

3529 7th Avenue South, Birmingham, AL 35222

www.aidsalabama.org

Description: Provides transitional and permanent housing, case management, prevention education, transportation, substance abuse treatment, health insurance continuation, emergency utility assistance, and rental assistance.

Services: Office temporarily closed due to COVID-19 - they are providing services remotely, when possible, on a case-by-case basis.

Intake Procedure: Call (205) 324-9822 and leave a message for a call back.

Eligibility: HIV positive, low income, resident of Alabama.

Hours: Monday - Friday | 8:00 am - 5:00 pm

Alabama Kidney Foundation

(205) 900-7250

265 Riverchase Parkway, Suite 106, Hoover, AL 35244

www.alkidney.org or Brad@alkidney.org

Description: Assists low income individuals and their families.

Services: Transportation to medical appointments for kidney disease, prescription expense assistance, and utility assistance.

Eligibility: Those with kidney disease to include family and friends.

Hours: Monday - Friday | 8:00 am - 4:00 pm

Alabama Medicaid Non-Emergency Transportation Program

1 (800) 362-1504

486 Palisades Blvd, Birmingham, AL 35209

www.medicaid.al.gov

Description: The program is set up to provide reimbursement for transportation to and from Medicaid covered medical appointments and referrals to Medicaid paid transportation providers.

Eligibility: Medicaid recipients

Hours: Monday - Friday | 8:00 am - 4:00 pm, except on major state holidays.

Transportation (cont.)

American Cancer Society

1 (800) 227-2345

Amanda Malow @ (256) 425-6054

1100 Ireland Way, Birmingham, AL 35205

www.cancer.org

Description: Support for cancer patients.

Services: DUE TO COVID-19, ALL LOCAL OFFICES ARE CLOSED AND TRANSPORTATION IS NOT BEING PROVIDED. SERVICES MAY BE LIMITED. Services typically include: financial aid for medication and ostomy supplies, visitation programs, medical supplies and equipment, support groups, exercise programs, transportation assistance and educational programs, makeovers available for female patients, and Hope Lodge.

Eligibility: Cancer patients.

Hours: ALL LOCAL OFFICES CLOSED. Support is available 24/7 at cancer.org where patient can do live chat.

ClasTran

(205) 325-8787

530 Beacon Parkway, #600, Birmingham, AL 35209

www.clastran.com

Description: Medical and non-medical transportation for persons 60+ years old, disabled, or traveling to and from a rural area.

Services: Medical and non-medical transportation for persons 60+, disabled or traveling to and from a rural area. Round Trip fare is \$8.00. Print application from website and submit via mail.

Eligibility: HIV Positive, low income, resident of Alabama in Jefferson, Shelby and Walker Counties.

Hours: 7:00 am – 5:00 pm

Traveler's Aid of Greater Birmingham

(205) 322-5426

Cindy Argo

1605 5th Avenue North, Birmingham, AL 35203

www.travelersaidbirmingham.com

Description: Provides counseling and emergency assistance to travelers, runaways, and mobile families and individuals. Transportation assistance for medically indigent to local health care providers.

Services: Provides counseling and emergency assistance to travelers, runaways, and mobile families and individuals in Blount, Jefferson, Shelby, St. Clair and Walker Counties. The SENIOR RIDE PROGRAM provides no-cost transportation to medical appointments for the elderly and disabled in Jefferson County only. For assistance call (205) 322-5426.

Transportation (cont.)

To apply for the SENIOR RIDE PROGRAM, print application online, complete and mail to Traveler's Aid with copy of current State ID and copy of SSI Award Letter/or letter from SSI stating not receiving SSI.

Eligibility: Travelers, runaways, mobile families and individuals, and medically indigent individuals needing transportation.

Hours: Monday - Friday | 8:00 am - 4:30 pm

Max VIP Paratransit

(205) 521-0180 or (205) 521-0101

Malia Fort, ADA Officer @ (205) 521-9048

1801 Morris Avenue, Birmingham, AL 35203

www.maxtransit.org

Description: Transportation to and from medical and non-medical appointments.

Intake Procedure: Print application from website and submit via mail.

Eligibility: Inability to navigate the fixed bus route system independently, lack of accessible vehicles, stations or bus stops, and specific impairment related condition(s).

Hours: Monday - Friday | 4:30 am - 9:00 pm; Saturday | 4:30 am - 8:00 pm

Collat Jewish Family Services BUZ-A-BUS

(205) 870-1010

3940 Montclair Road, Birmingham, AL 35213

www.cjfsbham.org

Description: Transportation to essential medical appointment, pharmacy and bank

Services: Within a 5 mile radius of the offices on Montclair Road, transportation to essential medical appointment, pharmacy, and bank. Each one-way ride is \$5 (fees may be adjusted for those unable to pay full fee). There is an annual membership fee of \$30.

Intake Procedure: Call and leave a message and a Social Worker will return your call to set up eligibility screening and enrollment.

Eligibility: Disabled and/or 60+

Hours: Monday - Thursday | 8:00 am - 4:00 pm; Friday | 8:00 am - 3:30 pm

Kid One Transport

(205) 978-1000 or (800) 543-7143

110 12th Street North, Birmingham, AL 35203

www.kidone.org

Description: Transportation for children and pregnant women to regular doctor's or agencies appointment for the betterment of the individual medically, mentally, and physically.

Services: Transportation to medical, dental, and mental health care services for children and expectant mothers who are transportation disadvantaged.

Intake Procedure: Online application or phone.

Transportation (cont.)

Eligibility: Kid One Transport is a 501(c)(3) nonprofit organization that provides transportation to medical, dental, and mental health care services for children and expectant mothers who are transportation disadvantaged. Funding for our service is provided by caring and concerned individuals, foundations, corporations, local governments, and other organizations with an interest in improving the health and wellness of Alabama's children. We currently serve over half the state by providing access to care in North, Central, and East Alabama.

Hours: Monday - Friday | 8:00 am - 5:00 pm

General Assistance Information

211 Alabama

Dial 2-1-1 or text or call (888) 421-1266
www.211connectsalabama.org

Description: Service helps with locating assistance for basic human needs, government information, employment support, and health resources.



Shelby County

Food Programs

Salvation Army - Shelby County Corps

(205) 663-7105

Linda Bibb

108 Plaza Circle, Suite E, Alabaster, AL 35007

www.salvationarmyalm.org/birmingham/about-us/community-centers

Description: Provides emergency food assistance to the community.

Services: Provides immediate emergency assistance to those in need: food, utility assistance, counseling, clothing, medical RX assistance, disaster assistance, Christmas assistance (toys & food), and youth and adult programs.

Intake Procedure: Call office and Linda Bibb will direct call.

Eligibility: Residents of Shelby County.

Hours: Monday - Friday | 9:00 am - 2:00 pm

Shelby Baptist Association Church and Community Ministries

(205) 669-7858

Delight Davis

205 Walton Street, Columbiana, AL 35051

www.shelbybaptist.org

Description: Food, clothing, furniture, thrift store onsite, prayer ministry, school supplies, utility assistance.

Services: Food every other month, clothing twice per year, furniture, household items, school supplies once per year, and rental and utility assistance once every three years.

Intake Procedure: Call during office hours to make an appointment.

Eligibility: Shelby County Residents only.

Hours: Monday - Thursday | 8:30 am - 4:30 pm; Friday | 8:30 am - 12:30 pm

Middle Alabama Area Agency on Aging - SENIOR CENTERS

(205) 670-5770

Laura King

Alabaster: 1097 7th St. SW, Alabaster

Calera: 15863-A Highway 25, Calera

Columbiana: 110 Mildred Street, Columbiana

Montevallo: 434 Vine Street, Montevallo

Birmingham: 5452 Cahaba Valley Road, Birmingham

Harpersville: 39331 Highway 25, Harpersville

www.m4a.org

Food Programs (cont.)

Description: Congregate meals and social enrichment activities.

Services: Congregate meals currently not being served, but they offer outside exercises with social distancing. Drive through pick up meals available at Alabaster, Birmingham, Columbiana, and Harpersville Senior Centers. Frozen meals once per week at Calera and Montevallo Senior Centers.

Intake Procedure: Call for details.

Eligibility: 60 years of age and older or married to someone 60 years of age or older.

Middle Alabama Area Agency on Aging

(205) 670-5770

209 Cloverale Circle, Alabaster, AL 35007

www.m4a.org

Description: Caregivers support, legal assistance, State Health Insurance Program, Medicaid Waiver, Ombudsman, information and referral, senior RX prescription assistance, and case management.

Services: Caregiver counseling, fans, heaters, legal counseling, Meals on Wheels, prescription expense assistance, senior community services, employment programs, and State Medicaid Waiver Programs.

Intake Procedure: Call for details.

Eligibility: 60 years of age or older.

Hours: Monday - Friday | 8:00 am - 4:30 pm

Food Stamps/SNAP

Shelby County Department of Human Resources

(206) 669-3000

987 Highway 70, Columbiana, AL 35051

www.dhr.state.al.us

Description: Adoption, adult and child protective services, temporary assistance, child support services, daycare for children, Food Stamps, foster home care for children and adults, J.O.B.S. (Welfare to work), information and referral services, and home studies for the Court.

Services: Adoption services, adult foster homes, child abuse hotline, child support assistance/enforcement, children's protective services, Food Stamps/SNAP, foster homes for dependent children, home maker assistance, TANF, and Welfare To Work.

Eligibility: Shelby County Resident.

Hours: Monday - Friday | 8:00 am - 4:30 pm

Shelter/Housing

SafeHouse of Shelby County

CRISIS LINE: (205) 669-7233

INTAKE LINE: (205) 669-1877

Columbiana, AL 35051

www.safehouse.org

Description: Emergency safe shelter, case management, counseling, assistance in obtaining social services, court and legal accompaniment, and transitional housing for domestic violence/sexual assault victims.

Services: Case/care management, domestic violence hotlines, domestic violence shelters, sexual assault counseling, and transitional housing/shelter for single mothers.

Intake Procedure: Call for details.

Eligibility: Victim of sexual assault/rape and/or victim of physical verbal abuse by partner or other family member.

Hours: 24 hours a day | 7 days a week

Housing Authority Calera and Montevallo

(205) 668-0783

1645 21st Avenue, Calera, AL 35040

Description: Provides referrals to housing, based on federal guidelines - Section 8 and government housing.

Services: Housing authorities and Section 8 Housing Choice Vouchers.

Intake Procedure: Personal appearance.

Eligibility: Low income, 19 years and older, elderly, and/or handicapped.

Hours: Monday - Friday | 7:30 am - 4:00 pm

Housing Authority Columbiana

(205) 669-6921

111 Alabama Avenue, Columbiana, AL 35051

Description: Low cost housing for low-income families.

Services: Housing authorities and Section 8 Housing Choice Vouchers.

Intake Procedure: Personal appearance.

Eligibility: Low income, age 62 and up, disabled, and/or handicapped. Family unit based on income and family composition.

Hours: Monday - Friday | 8:00 am - 4:30 pm

Family Connection

(205) 663-6301

County Road 26, Alabaster, AL 35007

www.familyconnection-inc.org

Description: Adolescent youth shelter and emergency shelter for runaways and homeless.

Services: Shelter, safehouse, and therapeutic outreach.

Intake Procedure: Call (205) 663-6301.

Eligibility: Referrals from Juvenile Court, runaways, or homeless youth.

Hours: 24 hours a day | 7 days a week

Substance Abuse/ Addiction and Behavioral/ Mental Health

Central Alabama Wellness

(205) 651-0077

Michelle or Mary (intake)

151 Hamilton Lane, Calera, AL 35040

www.centralalabamawellness.org

Description: Central Alabama Wellness provides mental health and substance abuse services to individuals in Chilton and Shelby Counties.

Services: Provides an array of services to children, adolescents, and adults dealing with mental illness, substance use disorder, or intellectual disability. These services include individual and group therapy, residential services for qualifying patients, substance abuse treatment, case management, and other community services and referrals.

Intake Procedure: Call main office.

Eligibility: Accepts Medicaid.

Hours: Monday - Friday | 8:00 am - 4:00 pm, or by appointment. Emergency services are accessible 24 hours/7 days a week by calling (205) 755-5933 and/or (205) 663-1252.

National Alliance on Mental Illness (NAMI) Alabama

Support Line: (205) 202-0827

Main: (205) 267-2986

Ann Mitchell

Laura Helenius

PO Box 342, Pelham, AL 35124

www.namishelby.org

www.namialabama.org

Description: NAMI Alabama is a non-profit grassroots organization providing support, education, and advocacy for persons with mental illness, their families, and others whose lives are affected by brain disorders. NAMI is comprised of family and friends of people living with mental illnesses. NAMI offers support groups, educational meetings, and access to mental health related resources.

Services: Advocacy for mental illness/emotional disabilities, community mental health agencies, and mental health related support groups.

Intake Procedure: Call for further information/assistance.

Eligibility: Services available to general public.

Transportation

ClasTran

(205) 325-8787 or (877) 826-7876

530 Beacon Pkwy W #600, Birmingham, AL 35209

www.clastran.com

Description: Transportation for individuals who are 60+ years old, disabled, or traveling to or from rural areas in Shelby, Jefferson, and Walker Counties.

Intake Procedure: Call for details. Fees: \$4 one way/\$8 round trip within Shelby, Jefferson, and Walker Counties.

Eligibility: Low income, resident of Alabama, or HIV+.

Hours: Monday - Friday | 7:00 am - 5:00 pm, except holidays.

KID ONE Transport

(205) 978-1000 or (800) 543-7143

110 12th Street North, Birmingham, AL 35203

www.kidone.org

Description: Transportation for children to regular doctor/agency appointments.

Services: Free/Medicaid paid transportation for children to regular doctor/agency appointments.

Intake Procedure: Apply online or referral from social worker, pediatrician's office, hospital, clinic, or self.

Eligibility: Doctor or agency must be in Birmingham area. Must be 19 years of age and younger or expecting mothers with little or no means of transportation.

Hours: Monday - Friday | 8:00 am - 5:00 pm

General Assistance Information

211 Alabama

Dial 2-1-1 or text or call (888) 421-1266

www.211connectsalabama.org

Description: Service helps with locating assistance for basic human needs, government information, employment support, and health resources.